

Spa Experiences

MORNING OR AFTERNOON EXPERIENCE

Leave the everyday stresses of life behind with our Three Graces Spa Day and start feeling relaxed, replenished and with a wonderful sense of wellbeing. Your visit will include a 90 minute treatment and 2 hours access to the pool and outdoor area. Choose between a morning or afternoon experience and select one of the following treatments:

De-Stress

A luxurious oxygen therapy for face and back that detoxifies and hydrates targeted areas while relaxing for a complete sense of well-being.

Recharge

Recharge your skin with the antioxidant benefits of pure vitamin C. A true sensory therapy for face and back.

Recovery

Soothe irritated skin and reduce face and back inflammation with this exceptional recovery treatment for damaged or hypersensitive skin.

The Mother To Be

Pamper your legs, feet and face with this relaxing treatment for an overall improved sense of well-being.

Amethyst Ritual

Begin with a full body scrub, followed by a smooth gel wrap containing Amethyst. Finally, a full body massage using Jade Body Cream will leave you relaxed and your wellbeing boosted.

£195 per person

Available Wednesday – Sunday

Due to government guidelines the thermal areas including the sauna, steam room and snow room will be out of use. We are also unable to offer food and drinks in the Spa Lounge.

To book, please email threegracespareception@grantleyhall.co.uk or call **01765 620 070**.