




















# CLASS TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
YOGA  8:00AM	YOGA  8:00AM	YOGA  8:00AM	YOGA  8:00AM	YOGA  8:00AM	YOGA  8:00AM	YOGA  8:00AM
H.I.R.T  12.30PM	FIRE & ICE  1.00PM	H.I.R.T  1.00PM	FIRE & ICE  1.00PM	H.I.R.T  1.00PM	FIRE & ICE  1.00PM	H.I.R.T  12.30PM
	H.I.R.T  4.30PM	FIRE & ICE  4.30PM	H.I.R.T  4.30PM	FIRE & ICE  4.30PM	H.I.R.T  4.30PM	